

# Bremerton ICE CENTER

## “POWER PLUS”

## FIGURE SKATING CLASSES



“Power Plus” classes are open to figure skaters Gamma level or higher, and are designed to strengthen all aspects of their performance. Each week a new concept will be introduced emphasizing correct stroking technique, power, posture, form, and edge quality. The classes are taught by our qualified Senior Staff Coaches.

### SESSION OFFERED

#### **WINTER II**

Jan. 25 - Mar. 21, 2010  
(no class 2/13 or 3/20)

### CLASS DAY/TIME

**Saturdays**  
**10:15-11:00am**

6 classes  
for  
**\$75.00**

\*\* Sign up for  
“Power Plus” AND  
Learn to Skate  
classes at the same  
time and receive 20% OFF!!

(Discount taken on second class - must be of  
equal or lesser value)



Registration forms available at the front desk or online.  
Questions? Ask our Skating Director, Karen Baskett