

Roy Sommer Hockey School

**At Bremerton Ice Center
August 17 - 21 2009
Registration Deadline July 10th 2009**

The goal of the Roy Sommer Summer Hockey School is to enhance player development by pairing qualified, professional instructors with an innovative and challenging curriculum.

The camp will focus on hockey fundamentals, skills, and tactics.

Roy Sommer emphasizes the same fundamental characteristics in his clinics that he expects of his AHL stars. Strong work ethic, teamwork, and sportsmanship will be encouraged. The Roy Sommer Summer Hockey School mandate is to provide development in an enthusiastic and fun atmosphere.

Featured Instructor Roy Sommer - Head Coach, Worcester Sharks (AHL)

Coach Sommer plays a major role in developing players for the San Jose Sharks. Sommer is currently the longest-tenured coach in the American Hockey League. The native of Oakland, CA returns for his tenth season behind the bench of San Jose's top development affiliate and his 12th season overall with the Sharks organization. In his time as Head Coach of the Worcester Sharks, Sommer has coached 60 players who have spent time in the National Hockey League including Jonathan Cheechoo, Douglas Murray, Ryane Clowe, and Devon Setoguchi. Coach Sommer has instructed numerous hockey schools over the past 30 years and brings his skill and experience to Bremerton this year.

Camp Description

**SKILLS DEVELOPMENT CAMP 5 Day Camp
August 17 - 21, 2009 - Times based on age**

\$350 per person

Take your game to the next level as you train and develop with Coach Sommer. Skills Development Camps are progressive in nature and are designed to enhance and improve hockey fundamentals, focused on skating, passing, shooting and tactical play. This full day of on-ice sessions and dryland training will keep your child engaged and improving all day! This camp is great for all ability levels, although mainly geared towards In-House and Travel players. Daily scrimmages will prepare players for the Friday Scrimmage, where one team from each age group will be awarded a tournament trophy. Parents are encouraged to attend this final scrimmage. Each participant will receive a hockey camp jersey.

**ADULT SKILLS CAMP - 4 Day Camp
August 17 - 20, 2009 - 6:30-8:00pm**

\$150 per person

Hockey is ageless and so is our Adult Skills Camp. Coach Sommer will put you to the test with individual and team drills in addition to a full scrimmage. Your hockey skills and fitness level will improve after participating in this camp. The camp is geared towards intermediate level players.

Team/Group/Participant
Waiver and Release From Liability/Permission to Use Likeness

The Undersigned (or Undersigned's parent or legal guardian if Undersigned is under the age of 18 years) have requested to attend, participate in, volunteer at or spectate at (collectively, "Participate") recreational activities offered, sponsored or arranged at *SOMMER HOCKEY SCHOOLS* or any affiliates. Participation may include the use of *The Bremerton Rink* and/or the or other athletic facilities ("Facilities"), rental equipment, purchase or provision of lessons, instruction and/or training related to activities (individually and collectively "Recreational Activities"). I understand and acknowledge that serious disabilities, death, accidents and injuries can occur during Recreational Activities and/or through the use of the Facilities in which those Recreational Activities are held. I further understand and acknowledge that Participation in Recreational Activities may require me to perform strenuous activities, or to be exposed to activities, conditions, individuals, equipment or events which have potential to cause death, serious injury, disability, or property loss. I also understand that I will not be permitted to Participate in recreational activities without executing this Waiver and Release. In consideration of the opportunity to Participate in Recreational Activities, I agree to comply with the stated and customary terms and conditions for Participation in Recreational Activities and use of the Facilities. In consideration of the opportunity to Participate in Recreational Activities, and knowing the risks inherent in and connected with these Recreational Activities and with the full understanding of the activities I will be performing, on behalf of myself, my executors, administrators, heirs, successors, assigns, and next of kin, **I HEREBY ASSUME THE RISKS OF INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY INHERENT IN, AND/OR IN ANY WAY CONNECTED WITH, PARTICIPATION IN RECREATIONAL ACTIVITIES AND USE OF THE FACILITIES, EVEN IF ARISING FROM THE NEGLIGENCE OF OTHER PERSONS EXECUTING A SIMILAR WAIVER AND RELEASE FROM LIABILITY.**

In consideration of the opportunity to Participate in Recreational Activities, **I KNOWINGLY RELEASE, INDEMNIFY, HOLD HARMLESS, AND DISCHARGE** *The Sommer School* and the officers, directors, employees, representatives, and agents of any and all of the foregoing (all of such persons and entities collectively, "Releases") in connection with any claim arising from or in any way connected with my Participation in Recreational Activities and/or my use of the Facilities. In consideration of the opportunity to Participate in Recreational Activities, **I WAIVE EACH AND EVERY, AND AGREE NOT TO BRING ANY, CLAIM AGAINST RELEASEES**, which claim concerns in any way death, injury, damage, or loss of any type or nature, which arise out of, are related to, or are in any way connected with participation in Recreational Activities, and/or which arise out of or are connected in any way with my use of the Facilities, whether injury, death or disability, loss or damage is caused in whole or in part by negligence, gross carelessness, or other acts or failure to act of Releases or of other persons or entities.

I HEREBY AFFIRM AND ACKNOWLEDGE THAT I HAVE READ THIS DOCUMENT AND ITS CONTENTS AND AGREE TO BE BOUND THEREBY. IF I AM UNDER THE AGE OF EIGHTEEN YEARS, MY PARENT/GUARDIAN HAS READ AND COMPLETED THE PARENTAL CONSENT AND RELEASE SECTION OF THIS FORM.

_____ Date

_____ Print Name

_____ Participant/Parent/Guardian Signature

PARENTAL CONSENT AND RELEASE

The undersigned parent/nature/legal guardian hereby executes this foregoing Waiver and Release on behalf of the minor named herein. In consideration of Undersigned having the opportunity to participate in Recreational Activities, I hereby bind myself; the minor named herein, his/her executor, administrators, heirs, successors, assigns, and next of kin, to the terms of this Waiver and Release. I represent that I have the legal capacity and authority to act for, or on behalf of, the minor named herein. In consideration of Undersigned having the opportunity to participate in Recreational Activities, I agree to indemnify and hold harmless the persons and entities named herein from any claims and liabilities which may be assessed against them as a result of, or arising out of my legal capacity or my authority to act for and on behalf of the minor named herein in the execution of the Waiver and Release.

Participant Name

Date

Signature of Parent or Guardian